

# GSSI Newsletter: January

From the New York Life Foundation

**Hello Grief-Sensitive Schools Initiative® network!** As always, the New York Life Foundation appreciates your continued commitment to providing a more Grief-Sensitive environment for students in your community. As you set your intentions for 2026, please see upcoming offerings and resources to support your school community. Please email [gssi@newyorklife.com](mailto:gssi@newyorklife.com) with any questions.

## Teacher Training Modules

- As part of the Grief-Sensitive Schools initiative, you have access to on-demand training opportunities to help refresh and support you, your staff, and your community.
- Via [grievingstudents.org](https://grievingstudents.org), you can explore a wide range of resources, including dedicated, self-directed on-demand teacher trainings. There are three individual trainings, as well as one combined, abbreviated option that can be viewed together as a group.
- Access the trainings [here](#).

## Professional Care Modules

- As we begin a new calendar year, it's important to prioritize not only the support you provide to grieving students, but also the care you extend to yourself and your colleagues.
- This on-demand, self-directed resource is designed to help professionals tend to their own well-being while doing this meaningful work.
- Access the modules [here](#).

## Culturally Informed Response to Grief and Loss Certificate (CIRGL)

- As part of the Grief-Sensitive Schools Initiative (GSSI), you have access to the ***Culturally Informed Responses to Grief and Loss course***—available **free** with a discount code on a first-come, first-served basis.
- This self-directed, fully online certificate program equips school-based professionals with culturally responsive, healing-centered strategies to support students experiencing grief and loss, and participants earn a certificate of completion upon successfully completing the course.

- Upon completion, educators will receive **12.5 CEUs** for the course.
- **Instructions for access:**
  - Go to: <https://sswaaed.matrixlms.com/>
  - Create a profile
  - **Login** - Note that your login information is different from your email (your login can be the first part of your email, but do not include the '@email.com' portion when signing in on the login screen).
  - Click on '**catalog**' on the left side bar
  - Select the '**CIRGL 2025**' course
  - Select '**Purchase for \$250**'
  - Click '**Apply Coupon**'
  - Enter coupon code **GRIEFSENSCHOOLNYLF25**
  - Click '**complete check out**', which will bring the cost to \$0 and allow access to the course
  - Enter the course by finding it through the '**catalogue**' or '**courses**' button on the left side bar

#### **First Book Reminder**

- Don't miss the chance to redeem your free [First Book](#) Welcome Package with grief, loss, and healing titles for students and families.
- [Link to redemption form.](#)

#### **GRIEF SUCKS- Made by and for Young People**

- [GRIEF SUCKS](#) is a creative, youth-led movement that's bringing honesty, humor, and heart to the conversation around the loss of a loved one.
- Their mission is to make space for real conversations about grief and remind everyone that it's okay to not be okay.
- Explore their powerful stories and resources at [www.griefsucks.com](http://www.griefsucks.com).

**Best regards,**

Ella Knibb

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